



Ngā Paearu Mahi / Terms of Reference

KAUPAPA/PURPOSE

The Bay Of Plenty Consumer, Peer Support, Lived Experience Workforce Forum was created in 2022 by a group of like-minded peers guided by Tania McCall and Tyson Smith, supported by Hanmer BOP Charitable Trust.

It was created with the hope that the local peer workforce also known as the consumer, peer support and lived experience workforce could awahi each other, strengthen connections and create opportunities to develop, without bias or discrimination.

The word Convergence is associated with process of moving together from different directions it can be used to describe a location where airflows or ocean currents meet, characteristically marked by upwelling (of air) or downwelling (of water). The Bay of Plenty Consumer, Peer Support, Lived Experience Workforce Forum has adopted this name as our own.

Each member has an individual journey, narrative and perspective, this forum is the only place where the CPLSE workforce of the bay converge, it is through this joining that we can harness our collective strength and support community wellbeing.

WHAKATAUKI

Waiho i te toipoto, kaua i te toiroa - Let us keep close together, not wide apart

This whakatauki speaks to the importance of keeping connected, of maintaining relationships and dialogue so that we can keep moving forward together.

VALUES

Mutuality

Sharing common experiences and being authentic in our relationships.

Self-Determination

Valuing the right of people to make their own choices, without any pressure from others.

Experiential Knowledge

Valuing what we have learnt from our life experiences.

Participation

Valuing the right of people to participate in their treatment, and in the delivery of services.

Equity

Treating people fairly, without discrimination.

Hope & Wellbeing

Believing that there is always hope, and that resilience and wellbeing are possible for everyone.

Our Values and Te Tiriti o Waitangi

The values of participation, self-determination and equity are rooted in values from Te Tiriti o Waitangi, which describes the relationship between the Crown and Māori. These values are captured in the te reo Māori terms Kāwanatanga, Tino rangatiratanga, Ōritetanga and Wairuatanga.

Group Wellbeing

Bay Of Plenty Consumer, Peer Support, Lived Experience Workforce Forum monthly meetings will begin every meeting with a check-in about each member's wellbeing. Personal things group members discuss at this time are to stay within the group, and confidentiality is expected to be upheld.

TE HANGA/STRUCTURE

Meetings

- **Frequency**
 - Convergence will meet kanohi ki te kanohi on a monthly basis.
- **Chair**
 - The chair role will be fulfilled by co-chairs, of which one will be from the Māori Caucus.
- **Meeting Content**
 - Our meetings will be peer lead and driven by the peer narrative. Topics will be within our stated values.
 - we will include professional development, self-care, personal growth, and aroha.

Consideration and respect will be given for each other's experiences and perspectives.

KŌRERO MUNA/CONFIDENTIALITY

We agree not to disclose any confidential information provided.

Appendix 1 - Agreed Definitions

Lived Experience

Whenever we use the term ‘lived experience’, we are talking about people or groups who have their own, first-hand experience of distress, substance harm, harmful gambling, psychiatric diagnosis, addiction, using mental health or addiction supports or services, or experiencing barriers to accessing these support and services when they are needed (or any combination of these experiences)

Peer Workforce

The peer workforce (also known as the consumer, peer support and lived experience workforce) includes all roles that require personal lived experience of mental health and/or addiction problems. This includes roles such as peer support workers and consumer advisor roles.

kanohi ki te kanohi

When someone says “Kanohi ki te kanohi” they typically mean a face-to-face encounter or meeting; however, the literal translation is eye-to-eye. Kanohi ki te kanohi in te ao Māori means to see who or what is being communicated in the flesh using all the senses to hear, feel, smell and taste the encounter through the sharing of the same air

Kāwanatanga

‘kāwanatanga’ is used to describe the concept of governance.

Tino rangatiratanga

Tino rangatiratanga can mean self-determination, sovereignty, independence, autonomy. The term itself is rooted in a Māori worldview, and there is no one English term which fully encapsulates its meaning. Tino rangatiratanga refers to Māori control over Māori lives, and the centrality of mātauranga Māori (Māori knowledge). While focused on a Māori worldview, tino rangatiratanga also has a close association with the challenges that have come from the loss of Māori control through colonial practices, and has been used as a framework from which Māori have continued to challenge governments for recognition of our individual and collective self-determination.

Ōritetanga (equity/equality?)

In Aotearoa New Zealand, people have differences in health that are not only avoidable but unfair and unjust. Equity recognises different people with different levels of advantage require different approaches and resources to get equitable health outcomes.

Wairuatanga

Wairuatanga is distinctive to Māori spirituality. Wairua is the spiritual dimension of all existence; it speaks to the holistic wellbeing of an individual and also the spiritual synergy of the collective with which that individual identifies. Wairuatanga is as an essential requirement to health and therefore vital to the wellbeing and identity of Māori.