

 <p><b>BAY OF PLENTY</b> DISTRICT HEALTH BOARD HAUORA A TOI</p> <p><b>HEALTH RECORDS PROTOCOL</b></p>	<p><b>HEALTH RECORD - MENTAL HEALTH AND ADDICTIONS OUTCOMES MEASUREMENT</b></p>	<p><b>Policy 2.5.2 Protocol 9</b></p>
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## PURPOSE

It is a Bay of Plenty District Health Board (BOPDHB) Mental Health & Addiction Services (MH&AS) policy to adhere to the Ministry of Health obligation to collect outcomes information through the Health of the Nation Outcomes Scales (HONOS). The measurement suite of tools are prescribed by the Mental Health Outcomes Information Collection Protocol - HONOS Family (inclusive of HONOS, HONOSCA, HONOS65+ and HONOSLD) and the Alcohol and Drug Outcome Measure (ADOM) Guide for addiction clinicians. The HONOS and ADOM outcomes tools measure progress over time of severity of symptoms (or frequency and amount of substance use in the case of ADOM) and the impact of psychosocial indicators.

## OBJECTIVE

The purpose of this protocol is to ensure that:

- Mental Health and Addiction Health Care Professionals have clear guidelines and references for the collection of routine outcome measures.
- Outcomes information is entered in a timely and appropriate manner into electronic and paper based records.
- Outcomes scores of individual service users are interpreted and applied in a meaningful manner as a measurement of progress on the treatment pathway to provide feedback to clients about their progress, to be included in treatment planning and to inform clinical decisions.
- Mental Health and Addiction Health Care Professionals are capable to score, access, apply, enter and retrieve the outcome measurements in the information system to guide clinical practice.
- The Outcomes data can be reported to the Ministry of Health (MOH) through the Programme for the Integration of Mental Health Data (PRIMHD) system

## SCOPE

Without exclusion all MH&AS health care professionals who provide a direct clinical service are trained and capable to ensure that outcomes information is collected and recorded of all active clients of the BOPDHB MH&AS.

## EXCLUSIONS

- Health care assistants and mental health support workers are excluded.
- Parents who attend parenting programmes like “Incredible Years” are excluded from outcomes collections

## STANDARDS TO BE MET

1. Outcomes measurement is to be collected and entered within the electronic system for each active service user in the service within prescribed timeframes occurring at certain points of the service user’s treatment journey. Outcomes collections are routinely collected at admission, at 3-monthly reviews, at discharge and when circumstances change. In the case of ADOM the first 2 reviews occur at 6-weekly intervals.

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<p>Protocol Steward: Quality &amp; Patient Safety Manager, MH&amp;AS</p>	<p>Authorised by: Medical Director</p>	

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2. The application and utility of outcomes data adheres to the outcomes protocols and Health & Disability Services Standards. The expectation is that service users will participate in and be aware that outcomes information collections occur, and will receive feedback of their results as appropriate.
3. Clinical practice expectations also include clinically significant outcomes scores in treatment planning and in consideration of same in clinical decisions and multidisciplinary team reviews.
4. The BOP DHB will have systems and processes in place to ensure that monthly electronic outcomes data reporting adheres to MOH standards.
5. All new employees who are Registered Health Care Professionals working with MH&AS clients are to complete the outcomes foundation training, or if already trained in another DHB, are to complete the online revalidation training within 3 months after commencement at the BOPDHB .
6. All registered health care professionals are to complete an online revalidation training package every 2 years.
7. Exceptional Circumstances
  - 7.1 For those service users who have co-existing problems with mental health and addiction problems it is expected that both the HONOS suite of measurements and ADOM will be completed
  - 7.2 A HONOS65+ is completed for those service users who are under the Mental Health Services for Older People (MHSOP) team and who are 65 years and younger.
  - 7.3 When a service user is admitted to an Inpatient Unit in the BOP from a community mental health service, a discharge HONOS is completed in the community and an admission HONOS followed by a discharge HONOS in the Inpatient Unit. When the service user is discharged from Inpatient unit back to the community an admission HONOS in the community is again entered, even though an integrated approach is followed between the community and inpatient units in the BOPDHB.
  - 7.4 The collections of outcomes align with the service users journey irrespective of who the clinician is having a face to face contact with the service user when the outcomes entry is due. The case manager is finally responsible to ensure that all outcomes entries are entered in a timely manner for each service user on their caseload.

## REFERENCES

- The Blueprint for Mental Health Services in New Zealand, Mental Health Commission, November 1998
- Health & Disability Services Standards NZS 8134:2008 Standards New Zealand
- [Mental Health Outcomes Information Collection Protocol.](#)
- [ADOM Guide for Addiction Clinicians Version 3, 2014](#)

## ASSOCIATED DOCUMENTS

- [Bay of Plenty District Health Board Clinical Practice Manual protocol CPM.M5.30 Treatment Plan](#)
- [Bay of Plenty District Health Board MHAS MDT Clinical Review form](#)

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